# St Peter's Catholic Primary School - Personal Development Overview Intent

Our curriculum, ethos and approach fully supports the personal development of each and every pupil, incorporating Religious Education (RE), Relationship, Sex and Health Education (RSHE), Personal, Social, Health and Economic education (PSHE) as well as wider opportunities to develop pupils' understanding of the fundamental British Values, equality and inclusivity and Moral, Social and cultural development (SMSC)

Children are nurtured and encouraged to develop attributes such as confidence, resilience and independence as well as an understanding of British Values in order that they are fully prepared for life in 21<sup>st</sup> Century Britain, and indeed, the world. Equality and diversity are promoted and celebrated throughout school and we are very proud of a curriculum which equips our children with the knowledge, skills and understanding to lead happy, safe and healthy lives whilst enabling them to develop their talents and strive for their goals.

	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2			
Mission Statement			Christ at the centre,	excellence at the heart					
Whole school	Mission statement	Weekly statements to	Weekly statements to	Weekly statements to	Weekly statements to	Weekly statements to			
themes and	COTW	live by COTW –	live by COTW –	live by COTW –	live by COTW –	live by COTW –			
approaches		Nurturing human	Nurturing human	Nurturing human	Nurturing human	Nurturing human			
	Weekly statements to live by AOW –	wholeness	wholeness	wholeness	wholeness	wholeness			
	Nurturing human wholeness	Black History month Anti-bullying week	Internet safety	World Book Day	Mary's meals fundraising assembly	Sports' day			
		, ,	British Values AOWs	British Values COTW	,	St Peter Feast Day			
		Local foodbank				,			
		assembly	St Thomas Aquinas	CAFOD Assembly to					
			Feast Day	start Lenten effort					
				Female scientist to					
				speak to the whole					
				school					
	Healthy schools award to be reviewed, Eco award and Anti-bullying gold award re-achieved 2024/25 -								
Restorative	Being 'Restorative' focu	ses on building positive r	elationships based on res	spect and fairness. In turr	this creates a community	that is supportive,			
approach	accountable and respec	tful. We believe that eve	ry individual is responsibl	le for their own behaviou	r and encapsulates 'liberty	' from British Values.			
	See Behaviour Policy								
British Values	D - School council	Year 3 – difference	Year 2,4 – difference	Year 6 – difference		RE – Branch 8 Dialogue			
(Democracy,	voting	and diversity PSHE	and diversity PSHE	and diversity PSHE	Year 1,2,5 and 6 – Being	and Encounter			
individual liberty,					responsible PSHE				
mutual respect, rule		Black History month	Whole School AOWs	Year 3+4 – Being	RE – Other Faiths Islam	MP visit – Dr Luke			
of law, tolerance)				responsible PSHE		Evans			

	Year 5, Year 1 – difference and	Remembrance day		Whole school COTWs		School council visit to Parliament TBC
	diversity PSHE	RE – other faiths		Hinckley and		
	,	Judaism		Bosworth Council –		
	RE – Branch 1 –			Diversity workshop Yr		
	Creation and			4		
	Covenant			Litter picking in the		
				local community		
Understanding of	Y2, 3, 4, 5 and 6 –		EYFS/Y1 – Internet			Y6 – Warning Zone trip
technology & media	Internet safety		safety			
			Internet safety week			
			&			
			Presentation to			
			parents			
		See also overvie	•	ı ım for further links and Ir	nternet safety map	
Eco team	Eco Missions	ECO COTW	EYFS – Space – Using	Litter picking in the	Conservation of energy	Tree Planting
			recycled material to	local community	in school drive	completed 21/22 (mini
	Conservation of	Conservation of	make rockets	whole school		forest with
	energy in school drive	energy in school drive			EYFS – Space – Using	Leicestershire County
		<i>-</i> ,	Conservation of	CAFOD Big Lent Walk	recycled material for	Council) – subsequent
	EYFS – Space – Using	EYFS – Space – Using	energy in school drive	assembly	making	years' checks on CO2
	recycled material for	recycled material for	<b>.</b>	Making and selling		levels
	making	making		hanging bird food		
				(collection to CAFOD)		Conservation of energy
	RE – Branch 1					in school drive
	creation and covenant			Conservation of		
				energy in school drive		EYFS – Space – Using
						recycled material for
				EYFS – Space – Using		making
				recycled material for		
				making		

Wider opportunities	Sports events	Sports events incl	Sports events –	Sports events	Sports events	Sports events
	including cross	cross country	dodgeball	Swimming gala		
	country		tournament, sports	Gymnastics	EYFS – Teddy bears'	'Living Eggs' held in
		St Martin's (feeder	hall games,	competition	picnic	school
	KS1 local library visits	high school – GD	gymnastics	Football comp		
		maths challenges –	competition	Netball comp	Year 3 Botanic Gardens	Year 6 – Warning Zone
	Year 6 residential to	yrs 5 and 7)				
	Caythorpe Court		Young Voices' choir	Whole school –		Y6 Play
	outdoor pursuits	Menphys' choir		Sponsored Lent Walk	House Captains and	
	centre		Leicester University	for CAFOD	Student reps – Trip to	Transition days to high
		World Youth Fun day	mobile planetarium	Year 1 – Spring walk	Parliament	school
	EYFS/Yr 1 – Autumn	(NDCYS)	visit – yrs 5/6			
	walk			Year 5 Tudor Day	Chaplaincy retreat	EYFS – Conkers (mini-
		Year 5 Space Centre	KS2 local library visits	·	session	beasts – Science)
	St Martin's (feeder	·	,			
	high school – GD	Pantomime/ theatre	Year 4 residential to	EYFS/1/2 – Lambs	Year 5 Theatre trip	EYFS/Yr1 Summer walk
	maths challenges –	trip	Beaumanor Hall	brought to the church	•	– Queens Park
	yrs 6 and 8)	'		field.	Lower KS2 – Minnie	,
	, ,	Author visit to year 4,	Year 1 visit to Newark		Vinnies	Year 4 Bosworth
	Chaplaincy retreat	5 and 6	House	Lower KS2 – Minnie		Battlefield
	session	3 4.1.4.5	1100.00	Vinnies		244.5
	36331011	Year 1 – Winter walk	EYFS – Spring walk	viiiiie5		Year 4 Ukelele concert
	Lower KS2 – Minnie	rear 1 Winter Walk	E113 Spring Walk			rear rokerere concert
	Vinnies	Lower KS2 – Minnie	Lower KS2 – Minnie			Year 5 and 6 Burbage
	ViiiiiC3	Vinnies	Vinnies			Common – Geography
		Villines	Viiiiles			field work
						neid Work
						EYFS, Year 1/2 –
						Leisure Centre activity
						•
						day
						Voor 2 Delicter
						Year 2 – Roliston
						forestry centre
						Lower KS2 – Minnie
						Vinnies

Safeguarding	Year 2 – Drug	Year 6 – Drug	Internet safety day	Year 3,4,and 5 – Drug		Year 1 – Drug
	Education – PSHE	Education - PSHE		Education - PSHE		Education - PSHE
See internet		Anti-bullying week	Year 1,3 and 6 – Being			
safety/safeguarding	Year 4 – Being Safe –		Safe - PSHE			First aid – Nurse visits
grid	PSHE	Year 2 and 5 – Being Safe – PSHE				to all classes for basic first aid
		Student council involvement in crossing petition – Central news.				Yr5 anti-social behaviour workshop
Pupil wider safety	Y3 – Swimming – To	Y3 – Swimming	Y3 – Swimming	Y3 – Swimming Y2 – Doctor visit	Y3 – Swimming	Y3 – Swimming
	swim competently, confidently and proficiently over a	EYFS – Fire Station	Online safety week	12 - Doctor Visit	Y6- Bikeability (road safety)	Y6 – Warning Zone
	distance of at least 25m's	visit and police visit			,	Nurse (parent) visit to school for basic first aid
	Y 1/2/5 – Fireman	Safety Seymour – Yr 2				
	visit – Fire safety	CO2 safety				Year 5 anti-social
	,	C02 Crew – Year 5				behaviour workshop
	Dog's trust – safety around animals	(community link with Cadent)				НВВС
Physical and Mental health	Happy lunchtimes	Happy lunchtimes	Happy lunchtimes	Happy lunchtimes	Olympic Athlete visit and individual sessions	Happy lunchtimes
	Year 2 and 6 – Being	Year 1 – PSHE		Yr3 curling	– whole school	Area Sports
	Healthy and mental	Exploring emotions	Year 5– PSHE			'
	health – PSHE		Exploring emotions	Hinckley and	Happy lunchtimes	EYFS, Year 1/2 –
		Sports leadership		Bosworth borough		Leisure Centre activity
	Year 3, 4 and 6 – PSHE Exploring emotions	training	Gymnastics	Council – Year 6 well- being session	Year 4 – Being healthy PSHE (mental health	day
		Whole school skipping	Big Moves	_	focus)	
	Paralympic athlete assembly and Q&A in	event and class sessions.	-	Gym county final	·	
	each class.			Year 1,3 and 5 – Being		
				Healthy and mental health – PSHE		

				Football Festival		
				Year 2 – PSHE		
				Exploring emotions		
	Physical health: Yoga/ F	risbee/ Skipping session	from external, Sports clul		nts with PE coordinator, At	hletics events (Saffron
	lane), Swimming gala, F	ootball and netball comp	etitions, inclusive PE fest	ival, hockey/ tennis festiv	val. Year 6 sports leaders.	After school sports
Citizenship	Junior librarians	Junior librarians	Junior librarians	Junior librarians	Junior librarians	Junior librarians
Eco and Catholic	Young leadership	Poppy Appeal	Young leadership	CAFOD assembly -	Young leadership	Sponsored bubble run
Faith runs through –	sessions – chaplaincy		sessions - chaplaincy	Lenten effort for	sessions – chaplaincy	for local young
Stewards of the		Travelling Crib –		sponsored walk		people's homeless
earth.	Year 1 donation –	visiting each Trust			COTW – Kerr Layon	charity – Lawrence
	walk to the local	school		Eco team making and	charity fundraising -	House/Kerr Layon
	charity shop and			selling hanging bird	Gambia	
	donate toys.	Choir to memory		food		Visits from secondary
		clinic to perform to		V 0 / 4 5 1 1 1 1		school teachers –
		those with dementia		Yr3/4 crafting with		More transition days if
		A alice art also aritics a according		local residents of care		needed for SEND
		Advent charity appeal		homes		pupils of high anxiety
		collection for local				pupils catered for.
		foodbank				
		Christmas cards for				
		the elderly in local				
		care homes and				
		parishioners				
		Care home visits for				
		choir and ukelele				
		ECO team COTW				
Economic well-being	Moneywise sessions –			Year 1 and 2 – Money	Year 4,5 and 6 – Money	Year 3 – Money
	years 5 and 6			Matters – PSHE	Matters – PSHE	Matters – PSHE

					Santander visitor— money sessions each KS2 class.	
Parental engagement	Attendance at class Mass and Friday COTW	Attendance at class  Mass and Friday  COTW	Attendance at class Mass and Friday COTW	Attendance at class  Mass and Friday  COTW	Attendance at class Mass and Friday COTW	Attendance at class Mass and Friday COTW
	2011	2011		2011	Invitation to join us for	Invitation to join us for
	Cake sale	Invitation to join us for whole school Mass	Invitation to join us for whole school Mass	Invitation to join us for whole school Mass	whole school Mass	whole school Mass
	Invitation to join us				Parent's evening	Greater Depth
	for whole school Mass	PTFA family chocolate Bingo evening	Invitation to join own child's/children's	Greater Depth	Maypoling	Working scientifically group work KS2 (1 visit
	EYFS Magician night		Maths lesson	Working scientifically	Greater Depth Working	per term – with
	to welcome new parents	Christmas Fair	Invitation to Year 6 parents to a SATs	group work KS2 (1 visit per term – with	scientifically group work KS2 (1 visit per term – with Science	Science background parent)
	Phonics evening Invitation to join own	KS1 Nativity & KS2 liturgy	presentation Yr6 Young Voices	Science background parent)	background parent)	Summer fair
	child's/children's RE lesson	Parent author's visit to years' 4-6	Greater Depth Working scientifically	KS1 Mother's Day service	New EYFS Parent Welcome Evening	Year F/S and 2 transition parents' presentations.
	Parent's evening	Greater Depth Working scientifically	group work KS2 (1 visit per term – with	PTFA family chocolate Bingo evening	PTFA Quiz and chips evening	KS1/2 Sport's Days
	Year 6 Caythorpe residential meeting	group work KS2 (1 visit per term – with Science background	Science background parent)	Easter liturgy		Year 6 leavers Liturgy
	Year 1 parents in class to look at books pupils made.	parent)  Christmas Disco	Yr4 Beaumanor residential meeting			Summer Disco
	pupiis made.	CHIISTHIAS DISCO	Invitation to presentation for			
			parents on internet safety			
Ordo themes	Beginnings	Neighbour	Epiphany	Prayer	Mercy	Trinity
Development of	Welcome	Counsel Remembrance	Baptism Discipleship	Fasting Almsgiving	Faith Vocation	Eucharist Missionary discipleship
character	Encounter Patience	Youth	Scripture	Sacrifice	Witness	Acceptance

	Work	Kingdom	Inspiration	Journey	Example	Follow
	Prudence	Норе	diversity	passion	communication	Commission
	Rosary	Peace				gratitude
	inclusion	Joy				
		love				
Chaplaincy Team	Worship group COTW	Worship group COTW	St Thomas Aquinas –		Worship group COTW	
			Feast Day			
	Chaplaincy retreat	Travelling crib	celebrations		Chaplaincy retreat day	
	day					
					Saint Peter's Feast Day	
					celebrations	
Equality & inclusivity	Year 1 and 5 –	Year 3 – Difference	HBBS Inclusivity SEND	Year 1, 5 and 6 –		Achievements COTW
	Difference and	and Diversity – PSHE	sports hall event	Difference and		
	Diversity – PSHE			Diversity – PSHE		RED
		Black History month	Hinckley and			
	HBBS – Inclusivity		Bosworth Council –	Female scientist to		
	SEND sport event		Diversity workshop	talk to KS1 and 2		
			Year 4			
	Achievements COTW			Hinckley and		
			Leicestershire County	Bosworth Council –		
	Paralympic athlete		Council diversity	Diversity workshop		
	assembly and Q&A in		workshops for years 4	year 4 22/23		
	each class.		and 6.			
				Achievements COTW		
Being Healthy	Year 2 and 6 – Being		Sponsored walk for	Year 1,3 and 5 – Being	Year 4 – Being healthy -	Whole school Bubble
,	healthy – PSHE		Lent – fundraiser for	healthy – PSHE	PSHE	run for charities
	,		CAFOD	,		
	Year 2 – Change for			Justin Mullis – Healthy		
	Life festival (Sports)		EYFS – Healthy living	Eating session Yrs 4,5		
			topic	and 6 (Connect for		
				health Warwickshire)		
		PSHE Matters themes –	Being healthy (listed), dr	ug education (previously	listed under 'safeguarding'	)
		Heal	thy schools award. After	school clubs, competitive	e sports.	
Spiritual	Religious education pro	gramme (RED) including				
	Parish Priest visits COT\	N every Friday				
	Visits from other faith le	eaders.				

	prayer room between 1	Sacramental preparation takes place in the parish, Daily Acts of Worship and individual prayer. Year 6 Worship team oversee the daily use of the prayer room between 1 and 1.15pm. Pupil's active involvement in the leadership of Celebrations of the Word.  See annual calendar for Masses, COTWs and services.							
	* Rosary week	* All Hallow's eve COTW – Lay Chaplain	* St Thomas Aquinas Feast day Stations of the cross	* Stations of the Cross	* Year 2 – Changes – PSHE May the month of Our lady. Rosary week	* Year 1,3,4,5 and 6 – Changes – PSHE St Peter's Feast day			
Moral	Live By – Stateme RE – Branch 1 – Cre	oleness – Statements to See Grid ents 1-12 eation and covenant ecy and promise	Grid Live By – See Grid Statements 13-24 n and covenant		•				
	Rout	Route2Resilience programme – runs throughout the year with whole school homework tasks set by co-ordinator PSHE Matters themes – Bullying, difference and diversity, being responsible Older pupils supporting the younger pupils (especially during the intake of EYFS) Following school rules and class rules taking on additional responsibilities and roles. Star of the week award in Friday's COTW, incorporating our route to resilience words. Using the question – What would Jesus do? To make good choices.							
Social	Year 3,4 and 6 – Exploring Emotions - PSHE	Year 1,2,3,4,5 and 6 – Bullying – PSHE  Year 1 – Exploring Emotions - PSHE  Charity: Food bank (reverse Advent calendar), Lawrence House  Alternativity (link with Church)	Year 5 – Exploring Emotions - PSHE	Sponsored walk for Lent – fundraiser for CAFOD  Year 3/4 visit to care home for crafting  Year 2 – Exploring Emotions – PSHE  Year 4 visit to care home for Ukelele performance.		Parliament trip – school council  Year 6 visit to care home for arts and crafts  Year 4 visit to care home for Ukelele performance.  MP visit – Dr Luke Evans			
		Choir at Dementia group and care homes							

	· ·	Other world Faiths week (Judaism) Year 4 visit to care home for Ukelele performance. ughout the year depending	-	ide need (e.g. Ukraine, Fl	ood relief, CAFOD, Turkey e	Other world faiths week (different focus each year)
Cultural	Year 1,3 and 5 – Me Being Me – PSHE  Year 1 and 5 –	Other world Faiths week (Judaism)  Year 3 – Difference	Year 4 and 6 – Me Being Me – PSHE  Year 2 and 4 –	Year 6 – Difference and Diversity – PSHE Stations of the Cross	May poling  Parliament trip – school council and house	Year 2 – Me Being Me - PSHE
	Difference and Diversity - PSHE	Nativity play  Menphys carol concert – DeMontfort Hall  Christmas Pantomimes – EYFS/KS1 and 2	Difference and Diversity - PSHE  British Museum workshops years 3, 5 and 6  Easter Bonnet competition (KS1) and egg models (KS2)	Lenten focus  Mothering Sunday	council and nouse captains  Other world faiths week Islam	Year 6 play week
RED	Branch 1 – Creation and Covenant	Branch 2 – Prophecy and Promise Other faiths week - Judaism	Branch 3 – Galilee to Jerusalem	Branch 4 – Desert to Garden	Branch 5 – To the ends of the earth Other world faiths week Islam	Branch 5 – Dialogue and Encounter

RSHE	JOURNEY IN LOVE							
See also RSE	EYFS - God loves each of us in our uniqueness.							
coverage grid and	PHYSICAL							
Protected	Does it matter if we are different?							
characteristics grid,	How am I different from you, how are you different from me?							
that ties in other	SOCIAL							
PSHE topics such as	Who do I play with at home and at school?							
relationships.	EMOTIONAL							
	How do you feel about your friend?							
	Do you have other friends at home or at school?							
	INTELLECTUAL							
	Is it important to have friends? Describe a good friend.							
	SPIRITUAL							
	Is Jesus our friend?							
	Children are special to God.							
	Year One - We meet God's love in our family							
	PHYSICAL							
	Who is in my family?							
	How many babies are in their family – what makes them unique?							
	Discuss how fast babies change and grow.							
	SOCIAL							
	Parents often share the excitement and wonder of their children's growth and development.  EMOTIONAL							
	What are the happiest/ saddest moments in your family?							
	How is love shown in your family?							
	INTELLECTUAL							
	Why do we need to grow up in families?							
	What happens if you grow up without a family? What would you miss and how would life be different?							
	SPIRITUAL							
	We are members of God's family, how are we born into God's family?							
	What special title do we give to God as members of God's family?							
	Year Two - We meet God's love in the community							
	PHYSICAL							
	Do you belong to a community?							
	What other communities do you belong to and how do you belong to these communities?							
	SOCIAL							
	Is belonging to a community important?							

What do we receive from the community we belong to?

What do we give to the community that we belong to?

**EMOTIONAL** 

How does a community help us to develop our feelings and emotions?

Are we always happy in our community? Can we sometimes be sad or upset?

INTELLECTUAL

Could people feel alone even though they belong to a community?

What would they miss out on?

What are the advantages of being on your own?

**SPIRITUAL** 

If God is called 'Our Father' what does that make each of us?

As children of God – how should we treat each other?

#### Year Three - How we live in love

**PHYSICAL** 

Who takes care of me?

How do I look after myself?

How am I changing?

SOCIAL

How do I keep myself safe?

How do I help others to make and keep friends?

How do I take care of others?

**EMOTIONAL** 

How do you feel when a friend I not there for you?

How can you be more supportive?

**INTELLECTUAL** 

Can you recognise the difference between being alone and being lonely?

To recognise the need for personal privacy (personal space)

**SPIRITUAL** 

How can I forgive and include others as Jesus did?

#### Year Four - God loves us in all our differences

PHYSICAL

To continue to recognise that we all grow at different rates.

Name the different male and female body parts and introduce their various functions.

Identify the development of the baby in the womb.

**SOCIAL** 

How do I learn to accept and celebrate who I am?

How do I accept the difference in others?

How do I deal with difference and manage conflicts as they arise?

**EMOTIONAL** 

How do I appreciate mu own gifts, talents, achievements, and all that makes me unique? How do I appreciate others and their gifts?

How do I deal with natural, negative emotions that present themselves?

**INTELLECTUAL** 

Can I identify and name my feelings?

Do I know and understand what these feelings are?

How do I deal with what I feel?

SPIRITUAL

Discuss St Paul's teaching on love.

### Year Five - God loves me in my changing and development

PHYSICAL/INTELLECTUAL

Identify and celebrate the ways in which I have changed since birth.

Discuss the external and internal changes which happen to boys and girls in puberty.

Recognise that sexual development is a natural part of human growth and that physical changes from child to adult means the ability to become a mother and father.

The purpose of the menstrual cycle is to prepare the female body for reproduction and the stages of menstruation and ovulation SOCIAL/EMOTIONAL

Recognise behaviour changes as we grow up.

Reflect on ways to become more sensitive to the emotional development of one's self and others.

**SPIRITUAL** 

Share with each other and celebrate the wonder of change.

## Year Six - The wonder of God's love in creating new life

PHYSICAL/INTELLECTUAL

The circle of life and love

Explain how human life is conceived.

Look at the illustrations of the organs of the human body including the male and female reproductive organs.

**SOCIAL** 

Recognise and compile a list of the signs of love expressed in those around us.

Reflect on the different degrees of friendship that exists.

**EMOTIONAL** 

Relationships develop and eventually you may be able to use the word love.

Look at the shared characteristics if one person is in love with another.

**SPIRITUAL** 

As Christians we appreciate the sheer wonder of the sexual act. God created the incredible natural process by which husband and wife bring new life into the world.

EYFS – Early learning goals – Self awareness, self confidence

	PSHE Matters – Being me, changes, emotions/ relationships, being healthy, being safe, being responsible, difference and diversity,
*Statements to Live	Weekly AOW with a different focus each week – linked to PSHE, British values and RSE.
By – See overview	1. We are all special.
Grid for more depth.	2. I can say one good thing about myself.
	3. I can say how I feel.
	4. I can laugh and have fun.
	5. I know what to do if I see anyone being hurt.
	6. I understand that rights match responsibility.
	7. I try to stand up for myself and others without hurting others.
	8. I try to be just and fair.
	9. I can tell you how I look after myself.
	10. I think before I make choices that affect my health.
	11. I can work, play, rest and pray each day.
	12. Simple things can make us happy.
	13. I try to love others as I love myself.
	14. I try to follow our school and classroom rules.
	15. I know I belong in a community that includes my school.
	16. I know we are happiest when we are united.
	17. I listen to what you say. I show that I am listening to you.
	18. I co-operate with others in work and play.
	19. I try to use words that make the world a better place. (Please, sorry, thank you).
	20.I try to appreciate the beauty and the wonder in the world around me.
	21. I know that it is ok for me to make mistakes.
	22. I can learn from my mistakes and failures.
	23. I try to keep going when things are difficult and not give up hope.
	24. I know what humility means.
	25. I know when to ask for help and who to ask for help from.
	26. I can recognise comfortable and uncomfortable feelings.
	27. I know how to help others when they are in trouble.
	28. I understand what trust means.
	29. I try to forgive people when they hurt me.
	30. I try to accept forgiveness from others.
	31. I know how to show I am sorry.
	32. I understand the importance of peace.
	33. I know what human dignity means and I show that I respect others.
	34. I stand up for people who are being treated unfairly.
	35. I notice that we are the same and we are different.
	36. I try to be accepting of others.