

St Peter's Catholic Primary School - Personal Development Overview

Intent

Our curriculum, ethos and approach fully supports the personal development of each and every pupil, incorporating Religious Education (RE), Relationship, Sex and Health Education (RSHE), Personal, Social, Health and Economic education (PSHE) as well as wider opportunities to develop pupils' understanding of the fundamental British Values, equality and inclusivity and Moral, Social and cultural development (SMSC)

Children are nurtured and encouraged to develop attributes such as confidence, resilience and independence as well as an understanding of British Values in order that they are fully prepared for life in 21st Century Britain, and indeed, the world. Equality and diversity are promoted and celebrated throughout school and we are very proud of a curriculum which equips our children with the knowledge, skills and understanding to lead happy, safe and healthy lives whilst enabling them to develop their talents and strive for their goals.

	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
Mission Statement	Christ at the centre, excellence at the heart					
Whole school themes and approaches	Mission statement Assembly Weekly statements to live by AOW – Nurturing human wholeness Dog’s trust assembly	Weekly statements to live by AOW – Nurturing human wholeness Black History month Anti-bullying week	Weekly statements to live by AOW – Nurturing human wholeness Internet safety British Values AOWs St Thomas Aquinas Feast Day	Weekly statements to live by AOW – Nurturing human wholeness World Book Day British Values AOWs Cafod Assembly to start Lenten effort Female scientist to speak to the whole school	Weekly statements to live by AOW – Nurturing human wholeness	Weekly statements to live by AOW – Nurturing human wholeness Sports day St Peter Feast Day
	Healthy schools award to be reviewed , Eco award and Anti-bullying gold award achieved 2022/23 -					
Restorative approach	Being ‘Restorative’ focuses on building positive relationships based on respect and fairness. In turn this creates a community that is supportive, accountable and respectful. We believe that every individual is responsible for their own behaviour and encapsulates ‘liberty’ from British Values. See Behaviour Policy					
British Values (Democracy, individual liberty, mutual respect, rule of law, tolerance)	D - School council voting	Year 3 – difference and diversity PSHE Black History month	Year 2,4 – difference and diversity PSHE Whole School AOWs	Year 6 – difference and diversity PSHE Year 4 – Being responsible PSHE	Year 1 – being responsible Year 1,2,3,5 and 6 – Being responsible PSHE	RE – Come and see topic 8 EYFS – Friends, Year 1 being sorry, year 2 rules, year 3 choices,

	Year 5, Year 1 – difference and diversity PSHE Queen’s funeral	Remembrance day	RE – Come and See topic 4 – Local church community EYFS – Friends, Year 1 – Special people, Year 2 books, Year 3 journeys, Year 4 community, Year 5 mission, year 6 - sources	Whole school AOWs Hinckley and Bosworth Council – Diversity workshop Yr 4	King’s coronation	year 4 building bridges, year 5 freedom and responsibility, year 6 healing MP visit – Dr Luke Evans School council visit to Parliament
Understanding of technology & media	Y3, 4 & 5 – Internet safety	Y2& 6 – internet safety	EYFS/Y1 – Internet safety Internet safety week & Presentation to parents			Y6 – Warning Zone trip
	See also overview of computing curriculum for further links and Internet safety map					
Eco team	Eco Award		Litter picking in the local community KS2 EYFS – Space – Using recycled material to make rockets	Litter picking in the local community KS2 Climate change assembly KS2 Conservation of energy in school drive		Tree Planting (mini forest with Leicestershire County Council) – subsequent years’ checks on CO2 levels
Wider opportunities See ‘Trips’ grid also	Sports events including cross country KS1 local library visits Year 6 residential to Caythorpe Court outdoor pursuits centre	Sports events incl cross country Menphys’ choir World Youth Fun day (NDCYS) Cinema trips KS1 and yrs 5 and 6	Sports events – dodgeball tournament, sports hall games, gymnastics competition, Skipping competition Young Voices’ choir KS2 local library visits	Sports events Swimming gala Gymnastics competition Football comp Netball comp EYFS – Beaumanor – pirates 23/24 EYFS – Spring lambs – parent visit	Sports events EYFS – Teddy bears’ picnic	Sports events Y6 Play Transition days to high school EYFS – Conkers (mini-beasts – Science) EYFS/Yr1 Summer walk – Burbage Common

	EYFS/Yr 1 – Autumn walk	Pantomime/ theatre trip Author visit to year 4, 5 and 6	British Museum virtual visits Years’ 3-6 Year 4 residential to Beaumanor Hall EYFS – Spring walk Year 5 had a visit from Fosse 107 radio to discuss their computing topic.	Year 1 – Spring walk		Year 4 Ukelele concert at St Martin’s
Safeguarding See internet safety/safeguarding grid	Year 2 – Drug Education – PSHE Year 4 – Being Safe – PSHE	Year 6 – Drug Education - PSHE Anti-bullying week Year 2 and 5 – Being Safe – PSHE Black history month Student council involvement in crossing petition – Central news.	Internet safety day Year 1,3 and 6 – Being Safe - PSHE	Year 3,4,and 5 – Drug Education - PSHE		Year 1 – Drug Education - PSHE First aid – Nurse visits to all classes for basic first aid
Pupil wider safety	Y3 – Swimming – To swim competently, confidently and proficiently over a distance of at least 25m’s Y6- Bikeability (road safety) Dog’s trust – safety around animals	Y3 – Swimming Y2 – Fireman visit EYFS – Fire Station visit	Y3 – Swimming Online safety week	Y3 – Swimming	Y3 – Swimming CO Crew – community link with Cadent – Yr 5 Safety Seymour – Yr 2 CO2 safety	Y3 – Swimming Y6 – Warning Zone Nurse (parent) visit to school for basic first aid Year 1 and 5 fire safety visitor talk

						Year 5 anti-social behaviour workshop HBBC
Physical and Mental health	<p>Happy Minds – CPD and sessions for children</p> <p>Happy lunchtimes</p> <p>Year 2 and 6 – Being Healthy and mental health – PSHE</p> <p>Year 6 – PSHE Exploring emotions</p>	<p>Happy Minds – sessions for children</p> <p>Happy lunchtimes</p> <p>Year 1 – PSHE Exploring emotions</p>	<p>Happy Minds – sessions for children</p> <p>Happy lunchtimes</p> <p>Year 5– PSHE Exploring emotions</p>	<p>Happy Minds – sessions for children</p> <p>Happy lunchtimes</p> <p>Hinckley and Bosworth borough Council – Year 6 well-being session</p> <p>Year 1,3 and 5 – Being Healthy and mental health – PSHE</p> <p>Year 2,3,4 – PSHE Exploring emotions</p>	<p>Happy Minds –sessions for children</p> <p>Happy lunchtimes</p> <p>Year 4 – Being healthy PSHE (mental health focus)</p>	<p>Happy Minds –sessions for children</p> <p>Happy lunchtimes</p>
Physical health: Yoga/ Frisbee/ Skipping session from external, Sports clubs after school, Sport events with PE coordinator, Athletics events (Saffron lane), Swimming gala, Football and netball competitions, inclusive PE festival, hockey/ tennis festival. Year 6 sports leaders. After school sports clubs.						
<p>Citizenship</p> <p>Eco and Catholic Faith run's through – Stewards of the earth.</p>	Junior librarians	<p>Junior librarians</p> <p>Poppy Appeal</p> <p>Advent charity appeal collection for local foodbank</p> <p>Christmas cards for the elderly in local care homes</p>	Junior librarians	Junior librarians	Junior librarians	<p>Junior librarians</p> <p>Sponsored bubble run for local young people's homeless charity – Lawrence House</p> <p>Visits from secondary school teachers – More transition days if needed for SEND pupils of high anxiety pupils catered for.</p>

Economic well-being		Santander visitor– money sessions each KS2 class.		Year 1 and 2 – Money Matters – PSHE Financial education packs - ‘Loan Shark’	Year 4,5 and 6 – Money Matters – PSHE	Year 3 – Money Matters – PSHE
Parental engagement	Attendance at class mass and Friday AOW Invitation to join us for whole school mass EYFS Magician night to welcome new parents Phonics evening Parent’s evening Year 1 parents in class to look at books pupils made.	Attendance at class mass and Friday AOW Invitation to join us for whole school mass Christmas Fair KS1 Nativity & KS2 liturgy Parent author’s visit to years’ 4-6	Attendance at class mass and Friday AOW Invitation to join us for whole school mass Invitation to join own child’s/children’s English class Invitation to Year 6 parents to a SATs presentation Invitation to presentation for parents on internet safety	Attendance at class mass and Friday AOW Invitation to join us for whole school mass Invitation to join own child’s/children’s Maths class Greater Depth Working scientifically group work KS2 (1 visit per term – with Science background parent) Easter liturgy	Attendance at class mass and Friday AOW Invitation to join us for whole school mass Parent’s evening Maypoling Greater Depth Working scientifically group work KS2 (1 visit per term – with Science background parent)	Attendance at class mass and Friday AOW Invitation to join us for whole school mass Greater Depth Working scientifically group work KS2 (1 visit per term – with Science background parent) Summer fair KS1/2 Sport’s Days Year 6 leavers Liturgy
Ordo themes (NDCYS link for daily AOW) Development of character	Welcome Creation Encounter Belonging Learning Inclusion Rosary Diversity	Individuality Holiness Giving Youth Kingdom Hope Peace Joy	Epiphany Discipleship Inspire Challenge Care Healing	Mercy Forgiveness Prayer Fasting Almsgiving Sacrifice Journey	Missionary discipleship Faith Vocation Witness Example	Pentecost Piety Knowledge Understanding
Chaplaincy Team	Liturgy group AOW Chaplaincy retreat day	Liturgy group AOW	St Thomas Aquinas – Feast Day celebrations	Liturgy group AOW	Liturgy group AOW Saint Peter’s Feast Day celebrations	

Equality & inclusivity	<p>Year 1 and 5 – Difference and Diversity – PSHE</p> <p>HBBS – Inclusivity sport event</p> <p>Celebration Assembly</p>	<p>Year 3 – Difference and Diversity – PSHE</p> <p>Black History month</p>	<p>Year 6 – Difference and Diversity – PSHE</p> <p>HBBS Inclusivity sports event</p>	<p>Year 1 and 5 – Difference and Diversity – PSHE</p> <p>Female scientist to talk to KS1 and 2</p> <p>Hinckley and Bosworth Council – Diversity workshop year 4 22/23</p> <p>Celebration Assembly</p>	<p>Hinckley and Bosworth Council – Diversity workshops (KS2) 21/22</p>	<p>Celebration Assembly RE – Come and see topic 9</p> <p>EYFS our world, Year 1 neighbours, Year 2 treasures, year 3 special places, year 4 God’s people, year 5 stewardship, year 6 common good.</p>
Being Healthy	<p>Year 2 and 6 – Being healthy – PSHE</p> <p>Year 2 – Change for Life festival (Sports)</p>		<p>Sponsored walk for Lent – fundraiser for CAFOD</p> <p>EYFS – Healthy living topic</p>	<p>Year 1,3 and 5 – Being healthy – PSHE</p> <p>Justin Mullis – Healthy Eating session Yrs 4,5 and 6 (Connect for health Warwickshire)</p>	<p>Year 4 – Being healthy - PSHE</p>	<p>Whole school Bubble run for charity</p>
	<p>PSHE Matters themes – Being healthy (listed), drug education (previously listed under ‘safeguarding’) Healthy schools award. After school clubs, competitive sports.</p>					
Spiritual	<p>Religious education programme (Come and See) including other world faiths.</p> <p>Parish Priest visits AOW every Friday</p> <p>Visits from other faith leaders – Jewish community member to visit next year Advent term – had no availability this year.</p> <p>Sacramental preparation takes place in the parish, Daily Acts of Worship and individual prayer. Year 6 oversee the daily use of the prayer room between 1 and 1.15pm. Pupil’s active involvement in the leadership of Acts of Worship.</p> <p>See annual calendar for Masses, AOWs and services.</p>					
	*	<p>*</p> <p>All Hallow’s eve AOW – Lay Chaplain</p>	<p>*</p> <p>St Thomas Aquinas Feast day</p>	*	<p>*</p> <p>Year 2 – Changes - PSHE</p>	<p>*</p> <p>Year 1,3,4,5 and 6 – Changes – PSHE</p> <p>St Peter’s Feast day</p>
Moral	<p>*Nurturing Human Wholeness – Statements to Live By – See Grid Statements 1-12</p>		<p>*Nurturing Human Wholeness – Statements to Live By – See Grid Statements 13-24</p>		<p>*Nurturing Human Wholeness – Statements to Live By – See Grid Statements 25-36</p>	

	RE – Come and see – Topic 1 EYFS Myself, Year 1 families, year 2 beginnings, year 3 homes, year 4 people, year 5 ourselves, year 6 loving		RE – Come and See – Topic 5 EYFS Gathering, Year 1 meals, year 2 Thanksgiving, year 3 listening and sharing, year 4 giving and receiving, year 5 memorial sacrifice, year 6 unity		RE - Come and See topic 7 EYFS Good news, year 1 holidays and Holidays, year 2 spread the word, year 3 energy, year 4 new life, year 5 transformation, year 6 witness Come and See topic 8 EYFS Friends, year 1 being sorry, year 2 rules, year 3 choices, year 4 building bridges, year 5 freedom and responsibility, year 6 healing	
	Route2Resilience programme – runs throughout the year with whole school homework tasks set by co-ordinator PSHE Matters themes – Bullying, difference and diversity, being responsible Older pupils supporting the younger pupils (especially during the intake of EYFS) Following school rules and class rules taking on additional responsibilities and roles. Star of the week award in Friday’s AOW, incorporating our route to resilience words. Using the question – What would Jesus do? To make good choices.					
Social	Year 3,4 and 6 – Exploring Emotions - PSHE	Year 1,2,3,4,5 and 6 – Bullying – PSHE Year 1 – Exploring Emotions - PSHE Charity: Food bank (reverse advent calendar), Lawrence House Alternativity (link with Church) Other world Faiths week (Judaism – 22/23)	Sponsored walk for Lent – fundraiser for CAFOD Year 5 – Exploring Emotions - PSHE	Year 5 visit to care home for reading time Year 2 – Exploring Emotions – PSHE RE – Come and See Topic 6 EYFS growing, year 1 change, year 2 opportunities, year 3 giving all, year 4 self-discipline, year 5 sacrifice, year 6 Death and new life	Year 6 visit to care home for Arts and Crafts.	Parliament trip – school council Year 6 visit to care home for arts and crafts MP visit – Dr Luke Evans Other world faiths week (different focus each year – Islam 22/23) RE – Come and See topic 9 EYFS Our world, year 1 neighbours, year 2 treasures, year 3 Special places, year 4 God’s people, year 5 Stewardship, year 6 Common good.

	Charity events run throughout the year depending on National/ World wide need (e.g. Ukraine, Flood relief, CAFOD, Turkey earthquake disaster). Eco leaders, Faith in action – community links – care homes, parish etc.					
Cultural	<p>Year 1,3 and 5 – Me Being Me – PSHE</p> <p>Year 1 and 5 – Difference and Diversity - PSHE</p>	<p>Other world Faiths week (Judaism)</p> <p>Year 3 – Difference and Diversity – PSHE</p> <p>Nativity play</p> <p>Menphys carol concert – DeMontfort Hall</p> <p>Christmas Pantomimes – EYFS/KS1 and 2</p>	<p>Year 4 and 6 – Me Being Me – PSHE</p> <p>Year 2 and 4 – Difference and Diversity - PSHE</p> <p>British Museum workshops years 3-6</p>	<p>Year 6 – Difference and Diversity – PSHE</p> <p>Stations of the Cross</p> <p>Lenten focus</p> <p>Mothering Sunday</p>	<p>May poling</p> <p>King’s coronation</p>	<p>Year 2 – Me Being Me - PSHE</p> <p>Other world faiths week (different focus each year – Islam 22/23)</p> <p>Parliament trip – school council</p> <p>Year 6 play week</p>
Come and See	<p>Domestic Church – myself, beginning, family, homes, people, ourselves</p>	<p>Vocation and Commitment – baptism, signs and symbols, belonging, called,</p> <p>Advent – Waiting, visitors.</p> <p>Other faiths week - Judaism</p>	<p>Local Church – celebrating, special people, books, community, journeys, mission</p>	<p>Lent / Easter – Growing, change, opportunities, self-discipline, death and new life,</p>	<p>Reconciliation – Friends, being sorry, rules, choices,</p> <p>Pentecost – holidays and holydays, spread the word</p>	<p>Universal Church – Our World, neighbours, choices, new life, building bridges, common good, stewardship</p> <p>Other faiths week – Islam 22/23</p>
<p>RSHE</p> <p>See also RSE coverage grid and Protected characteristics grid, that ties in other PSHE topics such as relationships.</p>	<p><u>JOURNEY IN LOVE</u></p> <p>EYFS - God loves each of us in our uniqueness.</p> <p>PHYSICAL</p> <p>Does it matter if we are different?</p> <p>How am I different from you, how are you different from me?</p> <p>SOCIAL</p> <p>Who do I play with at home and at school?</p> <p>EMOTIONAL</p> <p>How do you feel about your friend?</p> <p>Do you have other friends at home or at school?</p>					

INTELLECTUAL

Is it important to have friends? Describe a good friend.

SPIRITUAL

Is Jesus our friend?

Children are special to God.

Year One - We meet God's love in our family

PHYSICAL

Who is in my family?

How many babies are in their family – what makes them unique?

Discuss how fast babies change and grow.

SOCIAL

Parents often share the excitement and wonder of their children's growth and development.

EMOTIONAL

What are the happiest/ saddest moments in your family?

How is love shown in your family?

INTELLECTUAL

Why do we need to grow up in families?

What happens if you grow up without a family? What would you miss and how would life be different?

SPIRITUAL

We are members of God's family, how are we born into God's family?

What special title do we give to God as members of God's family?

Year Two - We meet God's love in the community

PHYSICAL

Do you belong to a community?

What other communities do you belong to and how do you belong to these communities?

SOCIAL

Is belonging to a community important?

What do we receive from the community we belong to?

What do we give to the community that we belong to?

EMOTIONAL

How does a community help us to develop our feelings and emotions?

Are we always happy in our community? Can we sometimes be sad or upset?

INTELLECTUAL

Could people feel alone even though they belong to a community?

What would they miss out on?

What are the advantages of being on your own?

SPIRITUAL

If God is called 'Our Father' what does that make each of us?
As children of God – how should we treat each other?

Year Three - How we live in love

PHYSICAL

Who takes care of me?
How do I look after myself?
How am I changing?

SOCIAL

How do I keep myself safe?
How do I help others to make and keep friends?
How do I take care of others?

EMOTIONAL

How do you feel when a friend I not there for you?
How can you be more supportive?

INTELLECTUAL

Can you recognise the difference between being alone and being lonely?
To recognise the need for personal privacy (personal space)

SPIRITUAL

How can I forgive and include others as Jesus did?

Year Four - God loves us in all our differences

PHYSICAL

To continue to recognise that we all grow at different rates.
Name the different male and female body parts and introduce their various functions.
Identify the development of the baby in the womb.

SOCIAL

How do I learn to accept and celebrate who I am?
How do I accept the difference in others?
How do I deal with difference and manage conflicts as they arise?

EMOTIONAL

How do I appreciate mu own gifts, talents, achievements, and all that makes me unique? How do I appreciate others and their gifts?
How do I deal with natural, negative emotions that present themselves?

INTELLECTUAL

Can I identify and name my feelings?
Do I know and understand what these feelings are?
How do I deal with what I feel?

SPIRITUAL

Discuss St Paul's teaching on love.

	<p>Year Five - God loves me in my changing and development</p> <p>PHYSICAL/INTELLECTUAL</p> <p>Identify and celebrate the ways in which I have changed since birth.</p> <p>Discuss the external and internal changes which happen to boys and girls in puberty.</p> <p>Recognise that sexual development is a natural part of human growth and that physical changes from child to adult means the ability to become a mother and father.</p> <p>The purpose of the menstrual cycle is to prepare the female body for reproduction and the stages of menstruation and ovulation</p> <p>SOCIAL/EMOTIONAL</p> <p>Recognise behaviour changes as we grow up.</p> <p>Reflect on ways to become more sensitive to the emotional development of one's self and others.</p> <p>SPIRITUAL</p> <p>Share with each other and celebrate the wonder of change.</p> <p>Year Six - The wonder of God's love in creating new life</p> <p>PHYSICAL/INTELLECTUAL</p> <p>The circle of life and love</p> <p>Explain how human life is conceived.</p> <p>Look at the illustrations of the organs of the human body including the male and female reproductive organs.</p> <p>SOCIAL</p> <p>Recognise and compile a list of the signs of love expressed in those around us.</p> <p>Reflect on the different degrees of friendship that exists.</p> <p>EMOTIONAL</p> <p>Relationships develop and eventually you may be able to use the word love.</p> <p>Look at the shared characteristics if one person is in love with another.</p> <p>SPIRITUAL</p> <p>As Christians we appreciate the sheer wonder of the sexual act. God created the incredible natural process by which husband and wife bring new life into the world.</p> <p>EYFS – Early learning goals – Self awareness, self confidence</p> <p>PSHE Matters – Being me, changes, emotions/ relationships, being healthy, being safe, being responsible, difference and diversity,</p>
<p>*Statements to Live By – See overview Grid for more depth.</p>	<p>Weekly AOW with a different focus each week – linked to PSHE, British values and RSE.</p> <ol style="list-style-type: none"> 1. We are all special. 2. I can say one good thing about myself. 3. I can say how I feel. 4. I can laugh and have fun. 5. I know what to do if I see anyone being hurt. 6. I understand that rights match responsibility. 7. I try to stand up for myself and others without hurting others. 8. I try to be just and fair.

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| | <ol style="list-style-type: none">9. I can tell you how I look after myself.10. I think before I make choices that affect my health.11. I can work, play, rest and pray each day.12. Simple things can make us happy.13. I try to love others as I love myself.14. I try to follow our school and classroom rules.15. I know I belong in a community that includes my school.16. I know we are happiest when we are united.17. I listen to what you say. I show that I am listening to you.18. I co-operate with others in work and play.19. I try to use words that make the world a better place. (Please, sorry, thank you).20. I try to appreciate the beauty and the wonder in the world around me.21. I know that it is ok for me to make mistakes.22. I can learn from my mistakes and failures.23. I try to keep going when things are difficult and not give up hope.24. I know what humility means.25. I know when to ask for help and who to ask for help from.26. I can recognise comfortable and uncomfortable feelings.27. I know how to help others when they are in trouble.28. I understand what trust means.29. I try to forgive people when they hurt me.30. I try to accept forgiveness from others.31. I know how to show I am sorry.32. I understand the importance of peace.33. I know what human dignity means and I show that I respect others.34. I stand up for people who are being treated unfairly.35. I notice that we are the same and we are different.36. I try to be accepting of others. |
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