<u>St Peter's Catholic Primary School - Personal Development Overview</u> Intent

Our curriculum, ethos and approach fully supports the personal development of each and every pupil, incorporating Religious Education (RE), Relationship, Sex and Health Education (RSHE), Personal, Social, Health and Economic education (PSHE) as well as wider opportunities to develop pupils' understanding of the fundamental British Values, equality and inclusivity and Moral, Social and cultural development (SMSC)

Children are nurtured and encouraged to develop attributes such as confidence, resilience and independence as well as an understanding of British Values in order that they are fully prepared for life in 21st Century Britain, and indeed, the world. Equality and diversity are promoted and celebrated throughout school and we are very proud of a curriculum which equips our children with the knowledge, skills and understanding to lead happy, safe and healthy lives whilst enabling them to develop their talents and strive for their goals.

	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2				
Mission Statement		Christ at the centre, excellence at the heart								
Whole school	Mission statement	Weekly statements to	Weekly statements to	Weekly statements to	Weekly statements to	Weekly statements to				
themes and	Assembly	live by AOW –	live by AOW –	live by AOW –	live by AOW – Nurturing	live by AOW –				
approaches	Weekly statements to live by AOW –	Nurturing human wholeness	Nurturing human wholeness	Nurturing human wholeness	human wholeness	Nurturing human wholeness				
	Nurturing human				Mary's meals					
	wholeness	Black History month Anti-bullying week	Internet safety	World Book Day	fundraising assembly	Sports day				
	Dog's trust assembly	, ,	British Values AOWs	British Values AOWs		St Peter Feast Day				
			St Thomas Aquinas	CAFOD Assembly to						
			Feast Day	start Lenten effort						
				Female scientist to						
				speak to the whole						
				school						
	Healthy schools award to be reviewed , Eco award and Anti-bullying gold award achieved 2022/23 -									
Restorative	Being 'Restorative' focu	ises on building positive r	elationships based on res	spect and fairness. In turn	n this creates a community	that is supportive,				
approach	accountable and respec	tful. We believe that eve	ry individual is responsibl	le for their own behaviou	r and encapsulates 'liberty'	from British Values.				
	See Behaviour Policy									
British Values	D - School council	Year 3 – difference	Year 2,4 – difference	Year 6 – difference	Year 1 – being	RE – Come and see				
(Democracy,	voting	and diversity PSHE	and diversity PSHE	and diversity PSHE	responsible	topic 8				
individual liberty,						EYFS – Friends, Year 1				
mutual respect, rule		Black History month	Whole School AOWs	Year 4 – Being	Year 1,2,3,5 and 6 –	being sorry, year 2				
of law, tolerance)				responsible PSHE	Being responsible PSHE	rules, year 3 choices,				

	Year 5, Year 1 –	Remembrance day	RE – Come and See			year 4 building bridges,
	difference and	,	topic 4 – Local church	Whole school AOWs		year 5 freedom and
	diversity PSHE		community			responsibility, year 6
	,		EYFS – Friends, Year 1	Hinckley and		healing
			– Special people, Year	Bosworth Council –		
			2 books, Year 3	Diversity workshop Yr		MP visit – Dr Luke
			journeys, Year 4	4		Evans
			community, Year 5	Litter picking in the		School council visit to
			mission, year 6 -	local community		Parliament
			sources	•		
Understanding of	Y2, 3, 4, 5 and 6 –		EYFS/Y1 – Internet			Y6 – Warning Zone trip
technology & media	Internet safety		safety			
0,	,		,			
			Internet safety week			
			&			
			Presentation to			
			parents			
		See also overvie	ew of computing curriculu	ım for further links and Ir	nternet safety map	
Eco team	Eco Missions	ECO AOW	EYFS – Space – Using	Litter picking in the	Conservation of energy	Tree Planting
			recycled material to	local community	in school drive	completed 21/22 (mini
	Conservation of	Conservation of	make rockets	whole school		forest with
	energy in school drive	energy in school drive			EYFS – Space – Using	Leicestershire County
			Conservation of	CAFOD Big Lent Walk	recycled material for	Council) – subsequent
	EYFS – Space – Using	EYFS – Space – Using	energy in school drive	assembly	making	years' checks on CO2
	recycled material for	recycled material for		Making and selling		levels
	making	making		hanging bird food		
				(collection to CAFOD)		Conservation of energy
						in school drive
				Conservation of		
				energy in school drive		EYFS – Space – Using
						recycled material for
				EYFS – Space – Using		making
				recycled material for		
				making		

Wider opportunities	Sports events including cross	Sports events incl cross country	Sports events – dodgeball	Sports events Swimming gala	Sports events	Sports events
	country	cross country	tournament, sports	Gymnastics	EYFS – Teddy bears'	'Living Eggs' held in
	Country	St Martin's (feeder	hall games,	competition	•	school
	KS1 local library visits	high school – GD	<u> </u>	Football comp	picnic	SCHOOL
	KSI local library visits	maths challenges)	gymnastics competition	Netball comp	Year 3 Botanic Gardens	Y6 Play
	Year 6 residential to	matris challenges)	Competition	Netball comp	Teal 3 Botaille Galdelis	ТО ГІАУ
	Caythorpe Court	Menphys' choir	Young Voices' choir	Whole school –	Year 6 – Warning Zone	Transition days to high
	outdoor pursuits	Wieriphrys Chon	Tourig voices choir	Sponsored Lent Walk	rear 0 - warning zone	school
	centre	World Youth Fun day	Leicester University	for CAFOD	House Captains and	3011001
	centre	(NDCYS)	mobile planetarium	Year 1 – Spring walk	Student reps – Trip to	EYFS – Conkers (mini-
	EYFS/Yr 1 – Autumn	(NDC13)	visit – yrs 5/6	Teal 1 - Spring walk	Parliament	beasts – Science)
	walk	Year 5 Space Centre	VISIL — VIS 3/0	Year 5 Tudor Day	Faillailleilt	beasts – science)
	Walk	real 3 space centre	KS2 local library visits	real 3 rudol Day	KS2 Chaplain retreat	EYFS/Yr1 Summer walk
	British Museum	Cinema trips KS1/KS2	K32 local library visits	KS1 Chaplain retreat	sessions on the Bishop's	– Queens Park
	virtual visits Years', 5	Ciliellia trips K31/K32	Year 4 residential to	sessions on the	theme of encounter	- Queens Park
	and 6	Pantomime/ theatre	Beaumanor Hall	Bishop's theme of	therne of encounter	Year 4 Ukelele concert
	and 0	trip	Dedulilation Hall	encounter		at St Martin's
		trip	Year 1 visit to Newark	encounter		at St Widitiii S
		Author visit to year 4,	House			Year 5 and 6 Burbage
		5 and 6	nouse			Common – Geography
		5 and 0	EYFS – Spring walk			field work
		British Museum	Litis — Spring walk			Held Work
		virtual visits Year 3,				Year 2 – Roliston
		virtuai visits rear 5,				forestry centre
Safeguarding	Year 2 – Drug	Year 6 – Drug	Internet safety day	Year 3,4,and 5 – Drug		Year 1 – Drug
Jaieguarung	Education – PSHE	Education - PSHE	internet safety day	Education - PSHE		Education - PSHE
See internet	Luucation - F3HL	Anti-bullying week	Year 1,3 and 6 – Being	Luucation - F3HL		Luucation - F3HL
safety/safeguarding	Year 4 – Being Safe –	Anti-bullying week	Safe - PSHE			First aid – Nurse visits
grid	PSHE	Year 2 and 5 – Being	Jaie - Foile			to all classes for basic
griu	FSIIL	Safe – PSHE				first aid
		Sale - PSIIL				ilist alu
		Student council				Yr5 anti-social
		involvement in				behaviour workshop
		crossing petition –				Scharioal Workshop
		Central news.				
		Contract the Wor				
						<u> </u>

Pupil wider safety	Y3 – Swimming – To	Y3 – Swimming	Y3 – Swimming	Y3 – Swimming	Y3 – Swimming	Y3 – Swimming
	swim competently,	V2/5	0.1:	Y2 – Nurse visit		VC - Manning 7
	confidently and proficiently over a	Y2/5 – Fireman visit	Online safety week			Y6 – Warning Zone
	distance of at least	EYFS – Fire Station				Nurse (parent) visit to
	25m's	visit and police visit				school for basic first
						aid
	Dog's trust – safety	Safety Seymour – Yr 2				Y6- Bikeability (road
	around animals	CO2 safety				safety)
		C02 Crew – Year 5				
		(community link with				Year 5 anti-social
		Cadent)				behaviour workshop
						HBBC
Physical and Mental	Happy Minds – CPD	Happy Minds –	Happy Minds –	Happy Minds –	Olympic Athlete visit	Happy Minds –sessions
health	and sessions for	sessions for children	sessions for children	sessions for children	and individual sessions	for children
	children	Hanny lunchtimes	Hanny lunghtimes	Llanny lunchtimes	– whole school	Hanny lunchtimes
	Happy lunchtimes	Happy lunchtimes	Happy lunchtimes	Happy lunchtimes	Happy Minds –sessions	Happy lunchtimes
	парру шпспшпез	Year 1 – PSHE		Yr3 curling	for children	Area Sports
	Year 2 and 6 – Being	Exploring emotions	Year 5– PSHE	113 carming	Tor ermaren	7 ii ed Sports
	Healthy and mental		Exploring emotions	Hinckley and	Happy lunchtimes	
	health – PSHE	Sports leadership		Bosworth borough		
		training	Gymnastics	Council – Year 6 well-	Year 4 – Being healthy	
	Year 3, 4 and 6 – PSHE			being session	PSHE (mental health	
	Exploring emotions	Whole school skipping	Big Moves		focus)	
		event and class sessions.		Gym county final		
				Year 1,3 and 5 – Being		
				Healthy and mental		
				health – PSHE		
				Football Festival		
				Year 2 – PSHE		
				Exploring emotions		

			· · ·	· · · · · · · · · · · · · · · · · · ·	nts with PE coordinator, At val. Year 6 sports leaders.	
Citizenship	Junior librarians	Junior librarians	Junior librarians	Junior librarians	Junior librarians	Junior librarians
Eco and Catholic Faith run's through – Stewards of the earth.	Young leadership sessions - chaplaincy	Poppy Appeal Travelling Crib – visiting each Trust school	Young leadership sessions - chaplaincy	CAFOD assembly - Lenten effort for sponsored walk Eco team making and selling hanging bird	Young leadership sessions - chaplaincy	Sponsored bubble run for local young people's homeless charity – Lawrence House
		Choir to memory clinic to perform to those with dementia Advent charity appeal		food Yr3/4 crafting with local residents of care homes		Visits from secondary school teachers – More transition days if needed for SEND
		collection for local foodbank		nomes		pupils of high anxiety pupils catered for.
		Christmas cards for the elderly in local care homes				
		Care home visits for choir and ukelele				
Economic well-being		Santander visitor— money sessions each KS2 class.		Year 1 and 2 – Money Matters – PSHE	Year 4,5 and 6 – Money Matters – PSHE	Year 3 – Money Matters – PSHE
Parental engagement	Attendance at class mass and Friday AOW	Attendance at class Mass and Friday AOW	Attendance at class Mass and Friday AOW	Attendance at class Mass and Friday AOW	Attendance at class Mass and Friday AOW	Attendance at class Mass and Friday AOW
	Cake sale Invitation to join us	Invitation to join us for whole school Mass	Invitation to join us for whole school Mass	Invitation to join us for whole school Mass	Invitation to join us for whole school Mass	Invitation to join us for whole school Mass
	for whole school Mass	PTFA family chocolate Bingo evening	Invitation to join own child's/children's Maths class	Greater Depth Working scientifically	Parent's evening Maypoling	Greater Depth Working scientifically group work KS2 (1 visit

	EYFS Magician night	Christmas Fair	Invitation to Year 6	group work KS2 (1	Greater Depth Working	per term – with
	to welcome new		parents to a SATs	visit per term – with	scientifically group work	Science background
	parents	KS1 Nativity & KS2 liturgy	presentation	Science background parent)	KS2 (1 visit per term – with Science	parent)
	Phonics evening	iituigy	Yr6 Young Voices	parenty	background parent)	Summer fair
	Thomas evening	Parent author's visit	Tro roung voices	KS1 Mother's Day	background parenty	Summer fam
	Parent's evening	to years' 4-6	Greater Depth Working scientifically	service	New EYFS Parent Welcome Evening	Year F/S and 2 transition parents'
	Year 6 Caythorpe	Greater Depth	group work KS2 (1	PTFA family chocolate	Welcome Evening	presentations.
	residential meeting	Working scientifically	visit per term – with	Bingo evening	PTFA Quiz and chips	presentations
		group work KS2 (1	Science background	280 08	evening	KS1/2 Sport's Days
	Year 1 parents in class	visit per term – with	parent)	Easter liturgy		
	to look at books	Science background	post erroy			Year 6 leavers Liturgy
	pupils made.	parent)	Yr4 Beaumanor			O,
		, ,	residential meeting			Summer Disco
		Christmas Disco				
			Invitation to			
			presentation for			
			parents on internet			
			safety			
Ordo themes	Welcome	Individuality	Epiphany	Mercy	Missionary discipleship	Pentecost
(NDCYS link for daily	Creation	Holiness	Discipleship	Forgiveness	Faith	Piety
AOW)	Encounter	Giving	Inspire	Prayer	Vocation	Knowledge
	Belonging	Youth	Challenge	Fasting	Witness	Understanding
Development of	Learning	Kingdom	Care	Almsgiving	Example	
character	Inclusion	Норе	Healing	Sacrifice		
	Rosary	Peace		Journey		
	Diversity	Joy				
Chaplaincy Team	Liturgy group AOW	Liturgy group AOW	St Thomas Aquinas – Feast Day	Liturgy group AOW	Liturgy group AOW	
	Chaplaincy retreat	Travelling crib	celebrations		Saint Peter's Feast Day	
	day – Rosimini Centre				celebrations	
Equality & inclusivity	Year 1 and 5 –	Year 3 – Difference	HBBS Inclusivity SEND	Year 1, 5 and 6 –		Celebration Assembly
	Difference and	and Diversity – PSHE	sportshall event	Difference and		RE – Come and see
	Diversity – PSHE			Diversity – PSHE		topic 9
		Black History month	Hinckley and			EYFS our world, Year 1
	HBBS – Inclusivity		Bosworth Council –	Female scientist to		neighbours, Year 2
	SEND sport event			talk to KS1 and 2		treasures, year 3

			Diversity workshop			special places, year 4			
	Celebration Assembly		Year 4	Hinckley and		God's people, year 5			
				Bosworth Council –		stewardship, year 6			
			Leicestershire County	Diversity workshop		common good.			
			Council diversity	year 4 22/23					
			workshops for years 4						
			and 6.	Celebration Assembly					
Being Healthy	Year 2 and 6 – Being		Sponsored walk for	Year 1,3 and 5 – Being	Year 4 – Being healthy -	Whole school Bubble			
	healthy – PSHE		Lent – fundraiser for	healthy – PSHE	PSHE	run for charity			
			CAFOD						
	Year 2 – Change for			Justin Mullis – Healthy					
	Life festival (Sports)		EYFS – Healthy living	Eating session Yrs 4,5					
			topic	and 6 (Connect for					
				health Warwickshire)					
	PSHE Matters themes – Being healthy (listed), drug education (previously listed under 'safeguarding')								
		Healt	thy schools award. After	school clubs, competitive	e sports.				
Spiritual	Religious education programme (Come and See) including other world faiths.								
	Parish Priest visits AOW every Friday								
	Visits from other faith leaders – Jewish community member to visit next year Advent term – had no availability this year.								
	Sacramental preparation takes place in the parish, Daily Acts of Worship and individual prayer. Year 6 oversee the daily use of the prayer room								
	between 1 and 1.15pm. Pupil's active involvement in the leadership of Acts of Worship.								
	See annual calendar for Masses, AOWs and services.								
	*	*	*	*	*	*			
		All Hallow's eve AOW	St Thomas Aquinas	Stations of the Cross	Year 2 – Changes –	Year 1,3,4,5 and 6 –			
		Lay Chaplain	Feast day		PSHE	Changes – PSHE			
					May the month of Our				
			Rosary Week		lady.	St Peter's Feast day			
Moral	*Nurturing Human Who		_	oleness – Statements to	*Nurturing Human Who				
	Live By –		Live By –	See Grid	Live By – See Grid				
	Stateme		Statements 13-24		Statements 25-36				
	RE – Come and see – To								
	1 families, year 2 begi	<u> </u>	RE – Come and See – T	•	RE - Come and See topic 7 EYFS Good news, year				
	year 4 people, year 5 ourselves, year 6 loving		Year 1 meals, year 2 Thanksgiving, year 3		1 holidays and Holidays,	-			
			listening and sharing, year 4 giving and		year 3 energy, year				
				norial sacrifice, year 6	transformation,				
			un	ity	Come and See topic 8 EY	-			
					sorry, year 2 rules, year 3	choices, year 4 building			

					bridges, year 5 freedo	m and responsibility, year 6				
		healing								
	Rout	Route2Resilience programme – runs throughout the year with whole school homework tasks set by co-ordinator								
				ference and diversity, be						
				upils (especially during th						
		_		king on additional respor						
			•	incorporating our route						
			e question – What wou	ld Jesus do? To make god		T = 1.				
Social		Year 1,2,3,4,5 and 6 –		Sponsored walk for	Year 4 visit to care	Parliament trip –				
		Bullying – PSHE	Year 5 – Exploring	Lent – fundraiser for	home for Ukelele	school council				
			Emotions - PSHE	CAFOD	performance.					
	Year 3,4 and 6 –	Year 1 – Exploring				Year 6 visit to care				
	Exploring Emotions -	Emotions - PSHE		Year 3/4 visit to care		home for arts and				
	PSHE			home for crafting		crafts				
		Charity: Food bank								
		(reverse Advent		Year 2 – Exploring		MP visit – Dr Luke				
		calendar), Lawrence		Emotions – PSHE		Evans				
		House								
				RE – Come and See		Other world faiths				
		Alternativity (link with		Topic 6 EYFS growing,		week (different focus				
		Church)		year 1 change, year 2		each year)				
				opportunities, year 3						
		Choir at Dementia		giving all, year 4 self-		RE – Come and See				
		group and care homes		discipline, year 5		topic 9 EYFS Our				
				sacrifice, year 6 Death		world, year 1				
		Other world Faiths		and new life		neighbours, year 2				
		week (Judaism)				treasures, year 3				
						Special places, year 4				
						God's people, year 5				
						Stewardship, year 6				
						Common good.				
	Charity events run thro	ughout the year dependin	g on National/ World w	ide need (e.g. Ukraine, Fl	ood relief, CAFOD, Turke	ey earthquake disaster).				
	Eco leaders, Faith in ac	tion – community links – ca	are homes, parish etc.							

Cultural	Year 1,3 and 5 – Me	Other world Faiths	Year 4 and 6 – Me	Year 6 – Difference	May poling	Year 2 – Me Being Me -			
	Being Me – PSHE	week (Judaism)	Being Me – PSHE	and Diversity – PSHE	,,,	PSHE			
					Parliament trip – school				
	Year 1 and 5 –	Year 3 – Difference	Year 2 and 4 –	Stations of the Cross	council and house	Other world faiths			
	Difference and	and Diversity – PSHE	Difference and		captains	week (different focus			
	Diversity - PSHE		Diversity - PSHE	Lenten focus		each year – Hinduism			
		Nativity play				23/24)			
			British Museum	Mothering Sunday					
		Menphys carol	workshops years 3, 5						
		concert – DeMontfort Hall	and 6			Year 6 play week			
			Easter Bonnet						
		Christmas	competition (KS1) and						
		Pantomimes –	egg models (KS2)						
		EYFS/KS1 and 2							
Come and See	Domestic Church –	Vocation and	Local Church –	Lent / Easter –	Reconciliation – Friends,	Universal Church – Our			
	myself, beginning,	Commitment –	celebrating, special	Growing, change,	being sorry, rules,	World, neighbours,			
	family, homes,	baptism, signs and	people, books,	opportunities, self-	choices,	choices, new life,			
	people, ourselves	symbols, belonging,	community, journeys,	discipline, death and		building bridges,			
		called,	mission	new life,	Pentecost – holidays	common good,			
					and holydays, spread	stewardship			
		Advent – Waiting,			the word				
		visitors.				Other faiths week –			
		Other faiths week -				Hinduism 23/24			
		Judaism							
RSHE	JOURNEY IN LOVE			ı					
See also RSE	EYFS - God loves each	of us in our uniqueness.							
coverage grid and	PHYSICAL								
Protected	Does it matter if we are	e different?							
characteristics grid,	How am I different from	n you, how are you differ	ent from me?						
that ties in other	SOCIAL								
PSHE topics such as	Who do I play with at h	ome and at school?							
relationships.	EMOTIONAL								
	How do you feel about								
	Do you have other frier INTELLECTUAL	nds at home or at school?							
	Is it important to have	friends? Describe a good	friend.						

SPIRITUAL

Is Jesus our friend?

Children are special to God.

Year One - We meet God's love in our family

PHYSICAL

Who is in my family?

How many babies are in their family – what makes them unique?

Discuss how fast babies change and grow.

SOCIAL

Parents often share the excitement and wonder of their children's growth and development.

EMOTIONAL

What are the happiest/ saddest moments in your family?

How is love shown in your family?

INTELLECTUAL

Why do we need to grow up in families?

What happens if you grow up without a family? What would you miss and how would life be different? SPIRITUAL

We are members of God's family, how are we born into God's family?

What special title do we give to God as members of God's family?

Year Two - We meet God's love in the community

PHYSICAL

Do you belong to a community?

What other communities do you belong to and how do you belong to these communities?

SOCIAL

Is belonging to a community important?

What do we receive from the community we belong to?

What do we give to the community that we belong to?

EMOTIONAL

How does a community help us to develop our feelings and emotions?

Are we always happy in our community? Can we sometimes be sad or upset?

INTELLECTUAL

Could people feel alone even though they belong to a community?

What would they miss out on?

What are the advantages of being on your own?

SPIRITUAL

If God is called 'Our Father' what does that make each of us?

As children of God – how should we treat each other?

Year Three - How we live in love

PHYSICAL

Who takes care of me?

How do I look after myself?

How am I changing?

SOCIAL

How do I keep myself safe?

How do I help others to make and keep friends?

How do I take care of others?

EMOTIONAL

How do you feel when a friend I not there for you?

How can you be more supportive?

INTELLECTUAL

Can you recognise the difference between being alone and being lonely?

To recognise the need for personal privacy (personal space)

SPIRITUAL

How can I forgive and include others as Jesus did?

Year Four - God loves us in all our differences

PHYSICAL

To continue to recognise that we all grow at different rates.

Name the different male and female body parts and introduce their various functions.

Identify the development of the baby in the womb.

SOCIAL

How do I learn to accept and celebrate who I am?

How do I accept the difference in others?

How do I deal with difference and manage conflicts as they arise?

EMOTIONAL

How do I appreciate mu own gifts, talents, achievements, and all that makes me unique? How do I appreciate others and their gifts?

How do I deal with natural, negative emotions that present themselves?

INTELLECTUAL

Can I identify and name my feelings?

Do I know and understand what these feelings are?

How do I deal with what I feel?

SPIRITUAL

Discuss St Paul's teaching on love.

Year Five - God loves me in my changing and development

PHYSICAL/INTELLECTUAL

Identify and celebrate the ways in which I have changed since birth.

Discuss the external and internal changes which happen to boys and girls in puberty.

Recognise that sexual development is a natural part of human growth and that physical changes from child to adult means the ability to become a mother and father.

The purpose of the menstrual cycle is to prepare the female body for reproduction and the stages of menstruation and ovulation SOCIAL/EMOTIONAL

Recognise behaviour changes as we grow up.

Reflect on ways to become more sensitive to the emotional development of one's self and others.

SPIRITUAL

Share with each other and celebrate the wonder of change.

Year Six - The wonder of God's love in creating new life

PHYSICAL/INTELLECTUAL

The circle of life and love

Explain how human life is conceived.

Look at the illustrations of the organs of the human body including the male and female reproductive organs.

SOCIAL

Recognise and compile a list of the signs of love expressed in those around us.

Reflect on the different degrees of friendship that exists.

EMOTIONAL

Relationships develop and eventually you may be able to use the word love.

Look at the shared characteristics if one person is in love with another.

SPIRITUAL

As Christians we appreciate the sheer wonder of the sexual act. God created the incredible natural process by which husband and wife bring new life into the world.

EYFS – Early learning goals – Self awareness, self confidence

PSHE Matters – Being me, changes, emotions/ relationships, being healthy, being safe, being responsible, difference and diversity,

*Statements to Live By – See overview Grid for more depth. Weekly AOW with a different focus each week – linked to PSHE, British values and RSE.

- 1. We are all special.
- 2. I can say one good thing about myself.
- 3. I can say how I feel.
- 4. I can laugh and have fun.
- 5. I know what to do if I see anyone being hurt.
- 6. I understand that rights match responsibility.
- 7. I try to stand up for myself and others without hurting others.
- 8. I try to be just and fair.
- 9. I can tell you how I look after myself.
- 10. I think before I make choices that affect my health.

- 11. I can work, play, rest and pray each day.
- 12. Simple things can make us happy.
- 13. I try to love others as I love myself.
- 14. I try to follow our school and classroom rules.
- 15. I know I belong in a community that includes my school.
- 16. I know we are happiest when we are united.
- 17. I listen to what you say. I show that I am listening to you.
- 18. I co-operate with others in work and play.
- 19. I try to use words that make the world a better place. (Please, sorry, thank you).
- 20.1 try to appreciate the beauty and the wonder in the world around me.
- 21. I know that it is ok for me to make mistakes.
- 22. I can learn from my mistakes and failures.
- 23. I try to keep going when things are difficult and not give up hope.
- 24. I know what humility means.
- 25. I know when to ask for help and who to ask for help from.
- 26. I can recognise comfortable and uncomfortable feelings.
- 27. I know how to help others when they are in trouble.
- 28. I understand what trust means.
- 29. I try to forgive people when they hurt me.
- 30. I try to accept forgiveness from others.
- 31. I know how to show I am sorry.
- 32. I understand the importance of peace.
- 33. I know what human dignity means and I show that I respect others.
- 34. I stand up for people who are being treated unfairly.
- 35. I notice that we are the same and we are different.
- 36. I try to be accepting of others.