

PSHE - Curriculum Coverage

P.S.H.E. is Personal, Social and Health Education. At St Peter's we use the P.S.H.E. Matters scheme to teach this subject.

Year Group	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
EYFS	<ul style="list-style-type: none"> • Drug Education - Being safe and well • Exploring Emotions - Being kind / Being Me- I am special 	<ul style="list-style-type: none"> • Growing up - New skills • Bullying Matters - If I feel sad or upset 	<ul style="list-style-type: none"> • Money Matters - I can't always have what I want • Being Safe - Following rules 	<ul style="list-style-type: none"> • Being Healthy - Being healthy • Changes - How changes make me feel 	<ul style="list-style-type: none"> • Difference and Diversity - Being kind • Relationships - Being a good friend 	<ul style="list-style-type: none"> • Being Responsible - Showing care to others
1	<ul style="list-style-type: none"> • Being Me - What makes me, me? • Difference and Diversity - Same and different 	<ul style="list-style-type: none"> • Bullying - Being unkind • Exploring Emotions / Relationships - Emotions 	<ul style="list-style-type: none"> • Being Safe - People who keep us safe 	<ul style="list-style-type: none"> • Being Healthy - Food • Money Matters - Jack and the Beanstalk 	<ul style="list-style-type: none"> • Being Responsible - Rules and responsibilities • Relationships 	<ul style="list-style-type: none"> • Drug Education - Feeling unwell • Changes - Growing up • A Journey in Love
2	<ul style="list-style-type: none"> • Drug Education - Medicines • Being Healthy - Wellbeing / Health 	<ul style="list-style-type: none"> • Being Safe - Safe and unsafe • Bullying - Bullying 	<ul style="list-style-type: none"> • Difference and Diversity - Same and different 	<ul style="list-style-type: none"> • Exploring Emotions / Relationships - Managing emotions • Money Matters - Money 	<ul style="list-style-type: none"> • Being Responsible - Parliament / The Environment • Changes - How they feel about changes 	<ul style="list-style-type: none"> • Being Me - Special objects and people • Relationships • A Journey in Love
3	<ul style="list-style-type: none"> • Exploring Emotions - Feelings • Being Me - What makes you, you? 	<ul style="list-style-type: none"> • Bullying - Bullying • Difference and Diversity - Stereotyping 	<ul style="list-style-type: none"> • Being Safe - Road safety / Consent 	<ul style="list-style-type: none"> • Being Healthy - Food • Drug Education - Safe and harmful objects 	<ul style="list-style-type: none"> • Being Responsible - Rights and responsibilities • Relationships 	<ul style="list-style-type: none"> • Money Matters - Earning Money • Changes - Uncomfortable changes • A Journey in Love
4	<ul style="list-style-type: none"> • Being Safe - Online safety • Exploring Emotions - Uncomfortable feelings 	<ul style="list-style-type: none"> • Bullying - Bullying 	<ul style="list-style-type: none"> • Difference and Diversity - Gender, stereotyping / Racism • Being Me - Community 	<ul style="list-style-type: none"> • Being Responsible - Being responsible • Drug Education - Consequences and risks 	<ul style="list-style-type: none"> • Being Healthy - Mental health • Money Matters - Cost • Relationships 	<ul style="list-style-type: none"> • Changes - Loss • A Journey in Love
5	<ul style="list-style-type: none"> • Difference and Diversity - Equality • Being Me - Talents / Individuality 	<ul style="list-style-type: none"> • Bullying - Bullying • Being safe - Safe and unsafe places 	<ul style="list-style-type: none"> • Exploring Emotions - Embarrassment 	<ul style="list-style-type: none"> • Being Healthy - Health / Wellbeing • Drug Education - Alcohol 	<ul style="list-style-type: none"> • Money Matters - Tax • Being Responsible - Human rights 	<ul style="list-style-type: none"> • Changes - Conflicting feelings • Relationships • A Journey in Love
6	<ul style="list-style-type: none"> • Exploring Emotions - Worrying • Being Healthy - Mental health 	<ul style="list-style-type: none"> • Bullying- Bullying • Drug Education - Smoking 	<ul style="list-style-type: none"> • Being me - Responsibility / Community • Being safe - Internet safety 	<ul style="list-style-type: none"> • Difference and Diversity - Stereotyping and refuges 	<ul style="list-style-type: none"> • Being Responsible - Parliament / Diversity • Money Matters - Making money 	<ul style="list-style-type: none"> • Changes - Memories • Relationships • A Journey in Love