

PSHE - Curriculum Coverage including RSE 2022-2023

P.S.H.E. is Personal, Social and Health Education. At St Peter's we use the P.S.H.E. Matters scheme to teach this subject. We also use the specific Catholic teachings of 'Journey in Love for RSE

Year Group	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
1	Being Me - What makes me, me? Difference and Diversity - Same and different	Bullying - Being unkind Exploring Emotions / Relationships - Emotions	Being Safe - People who keep us safe	Being Healthy - Food Money Matters - Jack and the Beanstalk	Being Responsible - Rules and responsibilities Relationships	Drug Education - Feeling unwell Changes - Growing up A Journey in Love
2	Drug Education - Medicines Being Healthy - Wellbeing / Health	Being Safe - Safe and unsafe Bullying - Bullying	Difference and Diversity - Same and different	Exploring Emotions / Relationships - Managing emotions Money Matters - Money	Being Responsible - Parliament / The Environment Changes - How they feel about changes	Being Me - Special objects and people Relationships A Journey in Love
3	Exploring Emotions - Feelings Being Me - What makes you, you?	Bullying - Bullying Difference and Diversity - Stereotyping	Being Safe - Road safety / Consent	Being Healthy - Food Drug Education - Safe and harmful objects	Being Responsible - Rights and responsibilities Relationships	Money Matters - Earning Money Changes - Uncomfortable changes A Journey in Love
4	Being Safe - Online safety Exploring Emotions - Uncomfortable feelings	Bullying - Bullying	Difference and Diversity - Gender, stereotyping / Racism	Being Responsible - Being responsible Drug Education - Consequences and risks	Being Healthy - Mental health Money Matters - Cost Relationships	Changes - Loss Being Me - Community A Journey in Love
5	Difference and Diversity - Equality Being Me - Talents / Individuality	Bullying - Bullying	Exploring Emotions - Embarrassment Being safe - Safe and unsafe places	Being Healthy - Health / Wellbeing	Drug Education - Alcohol Money Matters - Tax Being Responsible - Human rights	Changes - Conflicting feelings Relationships A Journey in Love
6	Exploring Emotions - Worrying Being Healthy - Mental health	Bullying- Bullying Drug Education - Smoking	Being me - Responsibility / Community Being safe - Internet safety	Difference and Diversity - Stereotyping and refuges	Being Responsible - Parliament / Diversity Money Matters - Making money	Changes - Memories Relationships A Journey in Love