

# Year 2 Science Animals Including Humans Advent 1

Key VOCABULARY	
<b>ADULT</b>	A fully grown animal or plant.
<b>life cycle</b>	The changes living things go through to become an adult.
<b>offspring</b>	The child of an animal.
<b>reproduce</b>	When living things make a new living thing of the same kind.
<b>hygiene</b>	Habits that people perform to stay clean and have a healthy body.
<b>diet</b>	The food and water an animal needs.
<b>exercise</b>	A physical activity to keep your body fit.

All living things **reproduce** and have **offspring**.

Some animals give birth to **live young**. Their offspring normally look like them when they are born.

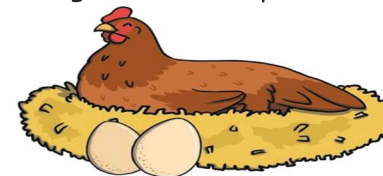


Other animals have offspring which do not look like them, e.g. fish and amphibians.



Some animals lay eggs which hatch into live young. This **young** then develops into an **ADULT**.

When these eggs hatch, some animals look like their adult, e.g. birds and reptiles.



To stay alive, all animals have 3 basic needs.

Air

Water

Food

To grow into a healthy adult, we must eat the right types of food in the right amount and **exercise**.

Eat plenty of fruit and vegetables.



EATwell Guide



Water, lower fat milk and sugar-free drinks.



Eat less often and in small amounts.

