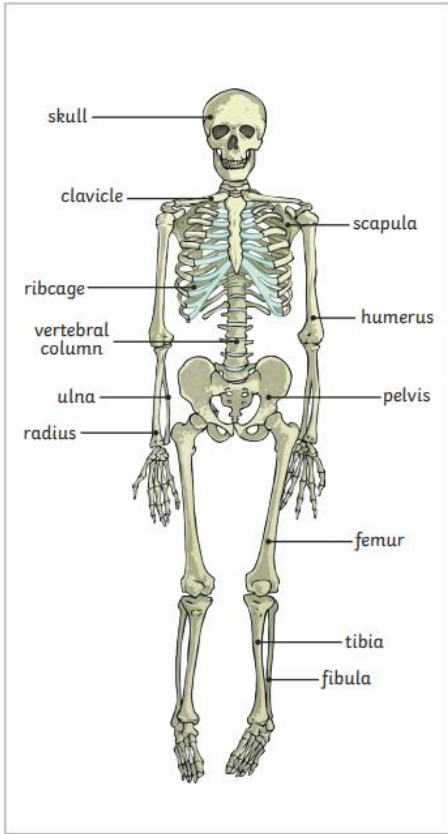


Year 3 – Animals Including Humans – Science Advent Term 1

Key Vocabulary	Definition
healthy	in a good physical and mental condition
nutrients	substances that animals need to stay alive
vertebrate	animals with backbones
invertebrate	animals without backbones
muscles	soft tissues in the body that contract and relax to cause movement
tendons	ords that join muscles to bones
joints	areas where two or more bones are fitted together

Nutrient	Found in... (examples)	What it does/they do
carbohydrates		provide energy
protein		helps growth and repair
fibre		helps you to digest the food that you have eaten
fats		provide energy
vitamins		keep you healthy
minerals		keep you healthy
water		moves nutrients around your body and helps to get rid of waste



Skeletons do three important jobs:

- protect organs inside the body;
- allow movement;
- support the body and stop it from falling on the floor.

